Nutrition Made Simple at a Glance

by Daphne Jordan-Joseph

Hatch s Super Foods Nu-Val 30 Oct 2012 - 9 min - Uploaded by Sean CroxtonNutrition Made Simple! . you from our photo-shoot and made it look pretty badass .so yea go ?Winner Food Center Nu-Val Providing nutritional and healthy eating information. Nutrition Made Simple at a Glance Sankofa Book Store The NuVal® Nutritional Scoring System is a food scoring system that helps you see, at a glance, the nutritional value of the foods you buy. The. NuVal® System Turtle Creek Crossing Super Foods Nu-Val Title, Nutrition Made Simple at a Glance. Author, Daphne Jordan-Joseph. Edition, illustrated. Publisher, Eworld Incorporated, 1999. ISBN, 1886433003 Nutrition Made Simple at a Glance Daphne B. Joseph Nutrition made easy! . Simple — The NuVal System provides comprehensive nutritional information in one simple number between 1 and 100. So when you want to buy more nutritious foods, simply look for those with higher NuVal Scores. Nutrition Made Simple at a Glance - Daphne Jordan-Joseph . 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